



**Intensive Recovery Support Specialist
Job Description**

Position: Intensive Recovery Support Specialist	Intensive Recovery Support Specialist Name:
Supervisor Name:	Street Address, City, County
Director Name:	Other:

I. A. PURPOSE OF POSITION:

The Intensive Recovery Supports program provides an array of services and supports to pregnant women ages 18 and older or women ages 18 and older with minor children who have been diagnosed with a substance use disorder. It is a recovery-based, consumer-focused community program designed to facilitate an individual's recovery. The focus of this service is to assist persons with substance use disorders to increase their functioning so they are successful and satisfied in the environments of their choice with the least amount of ongoing professional intervention. This service is intended to strengthen the recipient's recovery and independence to build positive relationships and support networks through the use of interventions from a qualified professional. It is designed to assist recipients to take an active role in their path to wellness. These services are designed around the preferences and choice of each individual and will offer focus on training and supports to include citizenship skills, communication, crisis management, relapse prevention, socially appropriate behaviors, self-advocacy, informed choice, community integration, and relationship building. The service is also designed to assist in integration of all service providers, including the medical home, related to long-term outcomes and stabilization.

B. WORK SCHEDULE:

Work schedule will vary per assigned client needs. Must be flexible.

C. PROGRAM REQUIREMENTS:

Intensive Recovery Support services shall be provided by a person who meets the requirements specified for QP status according to 10A NCAC 27G .0104. and who has the knowledge, skills, and abilities required by the population and age to be served.

Services can be provided on a one-one basis or in a group setting.

Intensive Recovery Supports group may not exceed staff to consumer ratio of 1:9.

Units are provided in fifteen (15) minute increments.

This service may not be provided by family members

II. A. DESCRIPTION OF RESPONSIBILITIES AND DUTIES:

Services are customized in a consumer-focused recovery service plan. Services include the following activities:

- Coaching related to life skills, including stress management, personal development, and focus on strategies for achievement of long term goals



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- Training and education related to impact of the diagnosis across settings (e.g., family life, employment, social interactions, prevention of return to use)
 - Recovery education and implementation of recovery skills
 - Enhancing skill development related to communication, community living skills, interpersonal skills, pre-employment readiness
 - Responsible for integration of all treatment providers, including medical home, outpatient providers, related to long term planning and consumer stabilization
 - Assisting in development of a healthy living environment, that supports recovery, including development of a strong support network
 - Development of parenting skills impacted by substance use disorders and other co-occurring diagnoses
- The service is based on the principles of recovery, emphasizing self-determination, using natural and community supports, providing individualized intervention, valuing dignity and respect.

WORK ENVIRONMENT AND CONDITIONS:

This is a periodic service, which occurs in the home of the recipient or in the community. Intensive Recovery Supports shall be provided in the most natural, least restrictive and most integrated setting; it shall build upon the natural supports available in the community and family.

Eighty percent (80%) of contacts must be face to face with the consumer. Travel time may be billed when the individual is with the Intensive Recovery Supports staff and the purpose of the travel is to access an activity related to this service. Billable activities also include telephone time with the individual and collateral contact with persons who assist the individual in meeting his/her rehabilitation goals.

REQUIRED MINIMUM TRAINING:

All employees are required to complete agency orientation within the first thirty (30) days of employment. Employees are also required to complete NCI training prior to being alone with any clients.

All staff providing Intensive Recovery Supports must complete training specific to the required components of the Intensive Recovery Supports definition within one year of employment. The competency based training should include, but not be limited to, the following:

- Symptoms and expected prognosis regarding the population served
- Client Rights
- Confidentiality/HIPPA
- Incident Reporting
- Goals and Documentation
- Principles of Self-Determination
- Conflict Resolution
- Crisis Intervention and Response resources in community



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- Cultural Diversity/Awareness
- Person Centered thinking including personal goals and practical strategies
- Natural Supports
- 20 hours of comprehensive training in substance use disorders

SUPERVISION RECEIVED BY INTENSIVE RECOVERY SUPPORT SPECIALIST:

The Intensive Recovery Support Specialist will have access to their supervisor on an ongoing basis through face-to-face contact, via email and through written correspondence or telephone. A supervision plan will be completed to include supervision requirements.

LICENSE OR CERTIFICATION REQUIRED BY STATUTE OR REGULATION:

A valid NC drivers’ license is required for this position.

CERTIFICATION: Intensive Recovery Support Specialist's Certification: I certify that I have reviewed this position description and that it is a complete and accurate description of my responsibilities and duties.

Signature Title Date

Supervisor’s Certification: I certify that (a) I am the Immediate Supervisor of this position, that (b) I have provided a complete and accurate description of responsibilities and duties and (c) I have verified (and reconciled as needed) its accuracy and completeness with the Intensive Recovery Support Specialist.

Signature Title Date